

If you have a patient that needs 24-hour supervision and additional time to recuperate before going home, then consider the ECC program...

ADMISSION PROCEDURES TO ST. HILDA'S TOWERS, ECC UNIT

1. A family Doctor or Physician attending to a patient at the Hospital will recommend clients to your local CCAC and ask for the Case Coordinator.
2. A Family Member or Caregiver may request a patient to be considered for the program prior to returning home.
3. A Discharge Planner or Case Coordinator at the hospital may ask to consider a stay at the ECC program for extra time to recuperate.
4. The hospital CCAC Case Coordinator will assess eligibility for the ECC program and he/she will contact St. Hilda's.
5. Admissions are accepted 7 days a week.

WHAT TO BRING?

- Personal care items, bathrobe, slippers, several changes of casual wear and a pair of walking shoes.

WHAT ELSE SHOULD I KNOW?

The Enhanced Convalescent Care program is available at St. Hilda's Towers and Assisted Living Residence on Dufferin St. South of Eglinton Ave. W.

For additional Admission Criteria and/or Exclusion Criteria, please contact the hospital CCAC Case Coordinator.

St. Hilda's Towers

**2339 Dufferin Street
Toronto, ON M6E 4Z5
TEL: 416-781-6621
FAX: 416-781-5058**

www.sthildastowers.com



ST. HILDA'S TOWERS

**ENHANCED
CONVALESCENT
CARE**

**A PROGRAM
FUNDED BY THE
Toronto Central
LHIN**



WHAT IS ENHANCED CONVALESCENT CARE?

Convalescent Care is:

“A goal-oriented, case-managed low intensity convalescent care service, provided on a short term basis to individuals who, following an acute medical or surgical episode, require a longer period of time to heal and regain their maximum functional levels in order to return home.”

This program provides:

- skilled therapy and nursing care
- 24-hour assisted living environment
- increased activity during convalescence

You will see the acronym “ECC” used in this brochure to represent the program Enhanced Convalescent Care.

PROGRAM OBJECTIVES

- To provide a safe environment for Seniors to regain their maximum functional levels which will allow them to return to their home after discharge.
- To provide an alternative goal-oriented, case-managed, low intensity care option for clients in acute hospital beds.

- To provide teaching opportunities for clients and their caregivers to learn how to manage their care/health status in their home environment.
- To support the caregiver and/or social network who are providing care to the individual.
- To provide a seamless transition from Hospital to St. Hilda’s to the client’s home environment.

WHO NEEDS CONVALESCENT CARE?

1. Individuals in hospitals who no longer need acute care, but require 24-hour supervision.
2. Individuals who require a longer time to recondition or convalesce after a period of hospitalization before returning to their home/community. (Maximum stay of 90 days in the ECC)
3. Individuals who require further treatment/ mobilization and need a safe environment to achieve these goals.

ADMISSION CRITERIA

- Client must maintain their home address.

- Referring agency must agree to take the client back if the client becomes medically or psychologically unstable.
- Client and caregiver agree to participate in teaching activities in preparation for discharge home.
- Client must have the motivation to participate in mobilization/ reactivation routines and activities.
- Client must be age 60 years or older.
- Client’s condition is medically stable:
 - The acute phase is completed
 - No unstable surgical or cardiopulmonary complications
 - Pain management plan is in process
 - The majority of consultations and diagnostic tests are completed
- Client will come with tentative discharge goals and plan from the referring unit.
- Clients who may live alone, should be willing to learn and work towards the discharge goal.
- Fully funded for private and semi-private rooms. Extra costs consist of cable TV, *telephone service, lab procedures & transportation to medical appointments and medication that is not covered by the Ministry of Health.

***Telephone Service is mandatory as it is part of our communications system.**